French Hospital Medical Center.
A Dignity Health Member

If you have any questions, please consult your physician or call Hearst Cancer Resource Center at 805.542.6234.
For emergency, call 911.

PATIENT EDUCATION

Xeloda (Capecitabine)

SIDE EFFECTS

It is important for the patient to follow all prescription instructions carefully. You may experience some, all, or none of the following:

- **Diarrhea** – Your doctor may give you medication to help control this.
- **Nausea/Vomiting** – Your doctor will give you medication to help with this.
- **Sores in the Mouth and Throat**
- **Abdominal Pain**
- **Decreased Appetite**
- **Dehydration** – Be sure and drink adequate amount of fluids.
- **Redness, Pain, Numbness, Tingling of Fingers and/or Toes**
- **Dry, Itchy Skin** – Avoid long, hot baths.
- **Headache, Dizziness**
- **Tiredness** – Fairly common
- **Sensitive to Sun** – Wear long sleeved-clothes and use sunscreens

PATIENT RESPONSIBILITIES

Notify your doctor or nurse immediately if you experience:

- Diarrhea – 4 or more bowel movements each day or any diarrhea at night
- Vomiting – More than once in a 24-hour time period
- Nausea – The amount of food you eat each day is much less than usual
- Sore Mouth – Redness, swelling, or sores in your mouth and pain is present
- Fever or Infection – Temperature of 100.5°F or greater, chills, new or significant cough or shortness of breath, pain or burning with urination, a sore that is red and swollen, white patches in your mouth or on your tongue
- Hand-and-Foot Syndrome – Swelling or redness of hands or feet and pain is present
- If you are taking Folic Acid (Leucovorin), Coumadin (Warfarin) Phenytoin (Dilantin) or Maalox.

SPECIAL INSTRUCTIONS

- **Birth Control Measures** – are necessary during and for 4 months after treatment due to potential harm to sperm/egg health.
- **Before any dental procedure, be sure to tell your dentist you are taking this medication.**
- Tablets for oral administration swallowed with a glass of water.
- Take tablets with water only. Take within 30 minutes after the end of a meal (breakfast and dinner).