French Hospital Medical Center.
A Dignity Health Member

If you have any questions, please consult your physician or call Hearst Cancer Resource Center at 805.542.6234. For emergency, call 911.

PATIENT EDUCATION

Lomustine (CCNU)

SIDE EFFECTS

It is important for the patient to follow all prescription instructions carefully. You may experience some, all, or none of the following:

- **Lowered Blood Counts** – Can temporarily lower the number of red and white blood cells. During this time you are more susceptible to colds, infections, and bleeding. Your blood counts will be periodically checked while you are on this drug.
- **Nausea/Vomiting** – About 4-5 hours after taking the capsule you may experience nausea and vomiting. You will be offered medication to help prevent this. Nausea and vomiting can last up to 24 hours.
- **Loss of Appetite**
- **Temporary Hair Loss**
- **Sores in Mouth**

PATIENT RESPONSIBILITIES

Notify your doctor or oncology nurse immediately if you experience:

- Signs of Infection: Chills or fever above 100.5°F, new or significant cough or shortness of breath, pain or burning with urination, a sore that is red and swollen, white patches in your mouth or on your tongue.
- Signs of Bleeding: Nosebleeds that will not stop with pressure; blood in urine or stool; bleeding gums; unusual bruising; red or purple spots on your body; or a cut that takes longer than usual to stop bleeding.
- Persistent nausea/vomiting or inability to eat or drink for 24 hours
- Shortness of breath, non-productive cough, increased breathing rate
- Changes in urine output

SPECIAL INSTRUCTIONS

- **Birth Control Measures** – are necessary during and for 4 months after treatment due to potential harm to sperm/egg health.
- **Before any dental procedure, be sure and tell your dentist you are taking this medication.**
- **It is important that you take this medication exactly as ordered.**
- This medicine is best taken at bedtime so that it will cause less stomach upset.