French Hospital Medical Center.
A Dignity Health Member

If you have any questions, please consult your physician or call Hearst Cancer Resource Center at 805.542.6234. For emergency, call 911.

PATIENT EDUCATION

Hexamethylmelamine (Altretamine, HMM, HXM, Hexalen)

SIDE EFFECTS

It is important for the patient to follow all prescription instructions carefully. You may experience some, all, or none of the following:

- **Nausea/Vomiting** – May occur but may not begin for 2-3 days after treatment.
- **Loss of Appetite**
- **Numbness or Tingling in Hands and Feet** – This occurs with prolonged use and is usually reversed when the drug is discontinued or the dose is reduced.
- **Lowered Blood Counts** – Occurs 1-2 weeks after treatment. During this time you are more susceptible to colds, infections, and bleeding. Lab tests may be done to monitor your blood counts.
- **Inflammation of the Bladder**
- **Skin Rash**
- **Abnormal Liver Enzymes**
- **Diarrhea/Abdominal Cramps**
- **Mental Changes** – Confusion, agitation, hallucinations, depression, and/or nervousness which usually subsides when the drug is discontinued.
- **Mild Kidney Damage**
- **Hair Loss** – May occur, but is not permanent.

PATIENT RESPONSIBILITIES

Notify your doctor or oncology nurse immediately if you experience:

- Signs of Infection: Chills or fever above 100.5F, new or significant cough or shortness of breath, sudden weakness of fatigue, pain or burning with urination, a sore that looks infected, white patches in your mouth or on your tongue.
- Persistent nausea/vomiting or are unable to eat or drink for 24 hours
- Any unusual bruising or bleeding
- Persistent diarrhea or abdominal cramping
- Numbness or tingling in hands and feet
- Any changes in urine output; blood in urine
- Confusion, agitation, depression and mental changes

SPECIAL INSTRUCTIONS

- **Birth Control Measures** – are necessary during and for 4 months after treatment due to potential harm to sperm/egg health.
- **Before any dental procedure, be sure to tell your dentist you are taking this drug.**
- Take this medication after meals.