French Hospital Medical Center.
A Dignity Health Member

**If you have any questions, please consult your physician or call Hearst Cancer Resource Center at 805.542.6234. For emergency, call 911.**

# PATIENT EDUCATION

**Eloxatin (Oxaliplatin)**

## SIDE EFFECTS

**It is important for the patient to follow all prescription instructions carefully. You may experience some, all, or none of the following:**

- **Nerve Changes –** pain, numbness, tingling in hands or feet. May also have around your mouth; jaw pain or spasm, difficulty walking. If this occurs, notify your doctor.
- **Nausea/Vomiting –** Common. You will be premedicated prior to receiving this drug to try and control or prevent this.
- **Fatigue –** You will feel more tired; learn to schedule rest periods/naps.
- **Diarrhea –** If this becomes a problem, ask for doctor for medication to help relieve it.
- **Loss of Appetite**
- **Fever**
- **Constipation**
- **Abdominal Pain**

## PATIENT RESPONSIBILITIES

**Notify your doctor or oncology nurse immediately if you experience:**

- Trouble breathing, your throat feels tight or has a "tickle" in it
- Rash, hives, swelling of your lips or tongue, sudden cough
- Signs of Infections: Chills or fever above 100.5°F, new or significant cough or shortness of breath, pain or burning with urination, a sore that is red and swollen, white patches in your mouth or on your tongue
- Uncontrolled nausea/vomiting or inability to eat or drink for 24 hours
- Uncontrolled diarrhea (frequent, loose, watery bowel movements)
- Pain, numbness, tingling of fingers or toes; difficulty walking
- Shortness of breath, non-productive cough, increased respiratory rate

## SPECIAL INSTRUCTIONS

- **Birth Control Measures –** are necessary during and for 4 months after treatment due to potential harm to sperm/egg health.
- **Before any dental procedure, be sure and tell your dentist you are taking this medication.**
- **Avoid cold temperatures and cold objects. Cover your skin if you must go outside in cold temperatures. Do not drink cold drinks or use ice cubes in drinks – especially during infusion. Do not put ice or ice packs on your body.**